



**AROUND THE ISLAND OF IRELAND  
5TH - 15TH APRIL 2020**

Fundraising  
in support of

**MY  
NAME'S  
DODDIE**  
foundation

### **The Great Rugby Cycle 'Ireland 2020'**

The Inaugural Great Rugby Cycle 2019 covered 1133 miles in March 2019 from John O'Groats to Land's End in support of the My Name's 5 Doddie Foundation.

The Great Rugby Cycle 2020 will cover over 1000 miles in an anti-clockwise direction around the Island of Ireland in eleven days just in time to host a rugby legends golf event at The Royal Belfast Golf Club on **Thursday 16<sup>th</sup> April**.

The peloton will be joined along the route by rugby legends, sporting stars and celebrities from TV and Film to raise awareness and funds for the My Name's 5 Doddie Foundation.

**My Name's 5 Doddie Foundation:** [www.mynames5doddie.co.uk](http://www.mynames5doddie.co.uk)

Doddie Weir, the former Scotland and British and Irish Lions rugby player, revealed he was suffering from Motor Neurone Disease in 2016. From the outset, Doddie has been driven to help fellow sufferers and seek ways to further research into this, yet, incurable disease.

My Name's 5 Doddie Foundation was launched in November 2017 and its aims are simple; to raise funds to aid research into the causes of MND and investigate potential cures and to support this affected by this devastating disease.

Proudly  
supporting

**MY  
NAME'S  
DODDIE**  
foundation

For more information please see  
[mynames5doddie.co.uk](http://mynames5doddie.co.uk)



**If you wanted to join for some of the event or just a day the costs are below:**

***Day ride only - £50***

- Full nutritional support during the ride.
- Event branded Canterbury t-shirt.
- Guided support for the ride.
- Van support to transport all kit and available for a 'lift' if needed.
- Full mechanical support.

***Day & overnight stay- £95***

If you wanted to stay the night after the cycle the cost would be £95 per day which would include an evening meal, accommodation and breakfast the next morning.

***Not covered:***

- Travel to your starting point.
- Transport back to your original starting point.
- Travel insurance.
- Drinks and any additional food not included in the daily rides.

**Day 1: Sunday 5<sup>th</sup> April                      Stormont Hotel to Portstewart                      98 miles**

Elevation Climb:                      1,227 metres

Hotel:                                      The Anchorage Inn  
87 / 89 The Promenade  
Portstewart  
BT55 7AG

<https://www.eventbrite.co.uk/e/great-rugby-cycle-2020-belfast-to-portstewart-tickets-90117579105>

**Day 2: Monday 6<sup>th</sup> April                      Portstewart to Gweedore                      102 miles**

Elevation Climb:                      1,898 metres

Hotel:                                      An Chuir  
Gweedore Court Hotel  
Gweedore  
Donegal

<https://www.eventbrite.co.uk/e/great-rugby-cycle-portstewart-to-gweedore-tickets-90149931873>

**Day 3: Tuesday 7<sup>th</sup> April**      **Gweedore to Sligo**      **85 miles**  
Elevation Climb:      1,231 metres

Hotel:      Clayton Hotel & Leisure Club  
Clarion Road  
Ballinode  
Sligo

<https://www.eventbrite.co.uk/e/great-rugby-cycle-2020-gweedore-to-sligo-tickets-90466057413>

**Day 4: Wednesday 8<sup>th</sup> April**      **Sligo to Galway**      **108 miles**

Elevation Climb:      1,152 metres

Hotel:      Nox Hotel  
Headford Road  
Galway

<https://www.eventbrite.co.uk/e/great-rugby-cycle-2020-sligo-to-galway-tickets-90466691309>

**Day 5: Thursday 9<sup>th</sup> April**      **Galway to Newcastle West**      **95 miles**

Elevation Climb:      936 metres

Hotel:      Longcourt House Hotel  
Newcastle West  
Co. Limerick

<https://www.eventbrite.co.uk/e/great-rugby-cycle-2020-galway-to-newcastle-west-tickets-90468964107>

**Day 6: Friday 10<sup>th</sup> April**      **Newcastle West to Bantry**      **101 miles**

Elevation Climb:      1,769 metres

Hotel:      Maritime  
The Quay  
Bantry  
Co. Cork

<https://www.eventbrite.co.uk/e/great-rugby-cycle-2020-newcastle-west-to-bantry-tickets-90504504409>

**Day 7: Saturday 11<sup>th</sup> April      Bantry to Cork      83 miles**

Elevation Climb:      1,806 metres

Hotel:      Ambassador Hotel & Health Club  
Military Hill  
Cork City  
Co. Cork

<https://www.eventbrite.co.uk/e/great-rugby-cycle-2020-bantry-to-cork-tickets-90504562583>

**Day 8: Sunday 12<sup>th</sup> April      Cork to Waterford      90 miles**

Elevation Climb:      1,428 metres

Hotel:      Marina Hotel  
Canada Street  
Waterford City  
Co. Waterford

<https://www.eventbrite.co.uk/e/great-rugby-cycle-2020-cork-to-waterford-tickets-90504815339>

**Day 9: Monday 13<sup>th</sup> April      Waterford to Dun Laoghaire      101 miles**

Elevation Climb:      2,035 metres

Hotel:      Haddington House Hotel  
9-12 Haddington Terrace  
Adelaide Street  
Dun Laoghaire  
Dublin

<https://www.eventbrite.co.uk/e/great-rugby-cycle-2020-waterford-to-dun-laoghaire-tickets-90504829381>

**Day 10: Tuesday 14<sup>th</sup> April      Dun Laoghaire to Meigh      72 miles**

Elevation Climb:      849 metres

Hotel:      12 Ballintemple Rd  
Newry  
BT35 8LQ

<https://www.eventbrite.co.uk/e/great-rugby-cycle-2020-dun-laoghaire-to-meigh-tickets-90504839411>

**Day 11: Wednesday 15<sup>th</sup> April Meigh to Stormont Hotel**

**67 miles**

Elevation Climb: 1088 metres

Hotel: Stormont Hotel  
Upper Newtownards Road  
Belfast  
BT4 3LP

<https://www.eventbrite.co.uk/e/great-rugby-cycle-2020-meigh-to-belfast-tickets-90504847435>

**Total miles 1,002**

**Average of 91 miles per day.**

**For any questions or further details please contact:**

**Stuart Thom**

**Chief Executive**

**The Royal Belfast Golf Club**

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